Calm School

Pupils flourish within a calm and purposeful learning environment. We expect every child to be **calm, respectful** and **ready to learn:**

**Calm…**

in themselves; able to achieve bodily stillness and concentration.

in communicating with others.

in transition times, both in class and when moving around the school.

**Respectful…**

of themselves: maintaining dignity and high standards of personal care.

of other children: speaking nicely and acting kindly.

of staff: being polite and following instructions.

of visitors: showing good manners and appropriate social responses.

of the school environment: caring for equipment and grounds.

**Ready to learn…**

having the highest levels of self-management and personal organization.

having the necessary equipment for every lesson including PE kit.

adopting 'whole body learning' (feet flat, hands together, head upright, eyes forward).

**Implementing Calm School**

To be effective, Calm School has got to be implemented with integrity. That means adults role modelling the dignity, positivity, perseverance and joy that we want to see in our pupils. So adults never run in the corridors, shout across the classrooms, or start the day with an untidy classroom. Instead, Calm School helps create a positive working environment for everyone.

Through reference to it’s four simple directives, Calm School sets the tone for all interactions, and by habituating reassuring still points throughout the school day, it enables our children’s instinctive curiosity and love of new knowledge to grow.

***To grow calmness in our schools, we endeavor always to show it.***

Simple Calm School Code posters are displayed in our classrooms:

* Speak nicely
* Listen carefully
* Act kindly
* Move calmly